

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Monthly Calendar			January 2026			
				1	2	3 10am Online Secrets of Effortless Living
4 Kids Kung Fu 5pm Online 6:30pm Tai Chi 7:15pm	5 Kids Kung Fu 5pm Online 6:30pm	6 Online 6:30pm Tai Chi 7:15pm	7 Online 6:30pm Tai Chi 7:15pm	8 Online 6:30pm Tai Chi 7:15pm	9 Online 6:30pm	10 10am Online Secrets of Effortless Living
11 Kids Kung Fu 5pm Online 6:30pm Tai Chi 7:15pm	12 Kids Kung Fu 5pm Online 6:30pm	13 Online 6:30pm Tai Chi 7:15pm	14 Online 6:30pm Tai Chi 7:15pm	15 Online 6:30pm Tai Chi 7:15pm	16 Online 6:30pm	17 10am Online Secrets of Effortless Living
18 Kids Kung Fu 5pm Online 6:30pm Tai Chi 7:15pm	19 Kids Kung Fu 5pm Online 6:30pm	20 Online 6:30pm Tai Chi 7:15pm	21 Online 6:30pm Tai Chi 7:15pm	22 Online 6:30pm	23 Online 6:30pm	24 10am Online Secrets of Effortless Living
25 Kids Kung Fu 5pm Online 6:30pm	26 Kids Kung Fu 5pm Online 6:30pm	27 Online 6:30pm	28 Online 6:30pm	29 Online 6:30pm	30 Online 6:30pm	31 Dublin Retreat 10am Online Secrets of Effortless Living (recorded)

Kids classes 30bd monthly. Yang Tai Chi classes 50 bd monthly. Online classes monthly 40 bd / yearly 130bd.